

Lumen - Metabolism Tracker

SKU: MP48568



Categories: [Health Innovations](#)

Short Description:

It starts with a breath Lumen is the world's first hand-held, portable device to accurately measure metabolism. Once available only to top athletes, in hospitals and clinics, metabolic testing is now available to everyone. [Learn More](#) Get 10% off your first order Coupon Code: **MEDORNA**

Incl. GST & Free Shipping



Description

It starts with a breath Lumen is the world's first hand-held, portable device to accurately measure metabolism. Once available only to top athletes, in hospitals and clinics, metabolic testing is now available to everyone. Unlock your metabolism The CO2 concentration is measured using a unique breath maneuver, which is performed by inhaling a fixed volume of air through the Lumen device (dynamic to each individual), holding it for 10 seconds, and exhaling fully.