

Hot & Cool Pack Blue Nylon Hot & Cool Pack

SKU: MP45638



Categories: [Durables](#), [Orthopedic](#), [Orthopedic Support](#), [Physiotherapy](#), [Rehabilitation](#)

Description

Dr. Odin Hot and Cool Pack is reusable and can be used for both Hot & Cold Therapy. This Hot and Cool Pack is designed to give relief from muscle pain. During Cool therapy, blood flow is reduced from a particular area, which will reduce inflammation and swelling that causes pain, especially in joints. It can relieve pain by temporarily reduce nerve activity. Cold therapy will help minimize toothache, headache, and fever. And Hot Therapy increases blood flow, delivers needed oxygen and nutrients, and removes cell wastes. The warmth decreases muscle spasm, relaxes the tense muscle, relieves pain, and can increase range of motion. As with cold packs, heat packs will also help in easing pain from both acute and chronic injuries such as sprains, strains, muscle spasms, whiplash, and arthritis. Country of Origin:India