

# PostureMedic

SKU: MP25784



Categories: [Shoulder Immobilizer](#)



## Description

Size: Xlarge PostureMedic Plus is twice as strong as the PostureMedic original, offering more support and more challenging exercises to improve your posture and strengthen your back and core muscles. Wear throughout the day for continuous support. Make lasting improvements with less than 10 minutes of stretching and strengthening exercises daily. Includes exercise program and tips as well as everything needed to improve your posture, reduce pain and enhance your overall health